



PRESIDENT'S MESSAGE

Dear PNEIG Member:

It has been a busy time since my last submission to the Winter newsletter. A few events to highlight are:

- AGM was held on April 29th and attended by many members. There was a great discussion of the achievements of PNEIG over the last year. The PNEIG AGM followed the RNAO AGM.
- May Symposium for PNEIG members, interested individuals and students was held at the beautiful Kingsbridge Centre for two days at the end of May. The speakers and presenters were well received and felt they were leaving re-energized for their future work. My sincere thanks to the planning committee members for their excellent work. Plans are already in the works for another symposium scheduled for May 2007. If you are interested in being a part of this activity next year, please contact me for further details.

- The inaugural Summer Institute for Health Work Environments in June, 2006, a five day event, was packed with content. We had the privilege of hearing many respected and qualified colleagues present an overview of these guidelines. Of particular interest to me was the BPG for Professionalism of the Nurse which I have volunteered to be a stakeholder reviewer. However, the overview of all six BPGs relating to Healthy Work Environments demonstrates the interconnectedness between all the guidelines with each directly or indirectly supporting the others. The guidelines are titled Developing and Sustaining Nursing Leadership, Collaborative Practice Among Nursing Teams, Embracing Cultural Diversity in Health Care, Developing and Sustaining Effective Staffing and Workload Practices and Workplace Health, Safety and Well-being of the Nurse. The guideline on Developing and Sustaining Nursing Leadership is now available for downloading at the end of the RNAO website. At the summer institute we were all asked to share our personal commitments and state how we would implement these in our own areas of practice. Some of my personal commitments are to 1) present an overview of the HWE guidelines to fellow faculty at a "lunch & learn" session 2) ask to present the material to the Year 4 leadership class at my school and 3) personally role model the guidelines to the best of my abilities. This will certainly be an ongoing journey.

Inside

- 2 - President's Announcements
 - CNO Initiative Increases Support and Outreach for Students and Educators
- 3 - Spring Symposium Congratulates the Planning Committee and Attendees
 - A Successful Spring Symposium
- 4 - Restoring the Spirit of Nursing Through Healing the Learning Environment: A Living Workshop
- 5 - New Website at www.pneig.ca
- 6 - Upcoming Conferences
 - PNEIG Board of Directors

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- The CNA Biannual Conference and Annual Business Meeting was held June 19th to 21st in Saskatoon. I was honored to be a voting delegate for my Ontario nursing colleagues along with my fellow RNAO members. I always find the CNA opportunity rewarding. Not only do I get to see more of my own country but the opportunities for networking and reconnecting with nursing colleagues is a great benefit to me personally and professionally. Another excellent CNA professional development opportunity will be in 2008.

In closing, once again I hope you find your Newsletter enjoyable. I look forward to seeing many of you at the upcoming October International Nurse Educators Conference on October 26th and 27th in Toronto.

Until the next newsletter, I remain professionally yours,
Marianne Cochrane

PRESIDENT'S ANNOUNCEMENTS

FINANCIAL UPDATE:

The Interest Group continues to be in good position financially. As of May 31st 2006, the account balance was healthy, which helped subsidize PNEIG members to attend past workshops and retreats. A few of the activities financial supported include the development of future marketing materials, the update and improvement of the PNEIG website, contribution to scholarships and sponsoring students again this fall. All financial decisions on behalf of PNEIG are discussed by executive members and together, we plan the upcoming year's events, activities and appropriate level of involvement for PNEIG.

WELCOME TO NEW EXECUTIVE MEMBERS:

We welcome Carol Kelly to the Executive as co-chair for Finance who will be working with Dixie Goetz. We also welcome Nursing Student of Ontario co-representatives Lily Klein and Karen Albert. Visit the PNEIG website for further details.

The position of President-Elect is vacant. Please consider if you would like to be involved by letting your name stand for this position.

RNFOO

Once again, PNEIG sponsored 2 scholarships for \$1500.00 each. Be sure to visit the RNFOO website www.rnfoo.org for the winner's details and deadlines for future applications. PNEIG executive are discussing the possibility of a scholarship for nursing research with a focus on education; the amount is yet to be determined. We will keep you posted on its development in the coming months.

CNO INITIATIVE INCREASES SUPPORT AND OUTREACH FOR STUDENTS AND EDUCATORS

*Submitted by: Leigh Chapman
Education Consultant, Entry-to-Practice
College of Nurses of Ontario*

The College of Nurses of Ontario is happy to announce the new Entry-to-Practice team. The team will focus on building greater awareness amongst students and educators about how education and curricula tie into the entry-to-practice competencies and the students' future responsibilities as self-regulating professionals.

"This new team gathers all of the work relating to nursing students and educators together under one umbrella," explains Kathie Conlin-Saindon, Manager, Entry-to-Practice. "It will allow the College to illustrate the links between education and regulation."

For example, the team recently responded to a question in the June edition of The Standard (now on www.cno.org) about hospitals being inappropriate co-op placement settings for high school students. Also available on the website is the video A Student's Guide to Self-regulation which provides information to future members about the role of the College and nurses in self-regulation.

The College also recognizes the importance of supportive collegial relationships. The practice guideline Supporting Learners provides information about nurses' responsibility to share their knowledge with colleagues, including learners. Supporting nurses who are learning is an important part of self-regulation and helps to ensure that clients receive safe, effective and ethical care.

Leigh Chapman, CNO's Education Consultant, attended PNEIG's Spring Symposium and was inspired by the "esprit and excellence" of all attendees. The student abuse workshop Restoring the Spirit of Nursing Through: Healing the Learning Environment highlighted the professional responsibility of all nurses to support the development and socialization of colleagues who are learning.

SPRING SYMPOSIUM CONGRATULATES THE PLANNING COMMITTEE AND ATTENDEES

*Submitted by: Patricia Patterson
Coordinator of the Planning Committee*

The Spring Symposium, We are the Light, was a wonderful experience for me and I would like to thank everyone for attending and making it a success. A very big and special warm thanks goes to Kristine Newman and Rick Foren. Our team work and plans came to fruition with such ease especially in light that it was our first opportunity to work together. Kristine and Rick, you are terrific people and show all the qualities of caring, accountability and humor of true nurses.

Another special thank you goes to the presenters and workshop sub-committee. Each of you brought something unique and illumination to us and did so with humor and collegiality. Thank you to Marianne and the executive of PNEIG who attended and supported us through the planning process. Last and most importantly, thank you to the participants. Your receptive engagement and contributions gave the

symposium energy and momentum that made the two days enlightening fun for all. You are truly an example of the important values we came together to celebrate; Esprit, Excellence and Evolution! We invited you to gather and glow and what a glow it made. It should last until our next symposium. See you then!

A SUCCESSFUL SPRING SYMPOSIUM

*Submitted by: Rick Foren
Planning Committee Spring Symposium*

"We Are The Light" was held on May 26th and 27th at the Kingbridge Centre, in Vaughan. PNEIG's Spring Symposium was well attended by over sixty educators from across the province. The symposium provided inspiration and support to looking at ways and means of making student life better during clinical placements.

The symposium planning committee was under the leadership of Patricia Patterson, from Fanshawe College, in London, along with Kristine Neuman (St. John's Rehab Hospital, Toronto) and myself, Rick Foren (Centennial College). Doug Rosser at First Stage provided operational assistance.

The symposium opened with a warm welcome from the committee and PNEIG's President. Marianne Cochrane. COLLEEN COLLIER opened with "Hearts on Fire...Still Inspired." This was a heartwarming look at the leadership nursing has provided and does on a daily basis. Colleen encouraged everyone to look for personal inspiration to keep the flame and the passion for maintaining the profession of nursing continually in the forefront. Colleen's words set the tone for the two day symposium.

Following Colleen was TRISH LUNDSTROM. Trish inspired the participants to examine and be cognizant of the four generations of nurses currently in the workforce. Each generation has influenced the history

by playing a key role in shaping the views of nursing. "Four Generations in one Room - Are we ready to teach the "Veterans" to the "Nexters?" illustrated the historical events that helped to shape nursing today, from WWII to cell phones and Blackberries. Trish's presentation was an excellent overview of how each of these differences can guide us to influence the nursing profession in a positive way.

The afternoon was divided into three concurrent sessions. HELEN HARRISON presented on Teaching / Learning Through Movement. Her presentation explained the importance of incorporating music into learning, reflective of holistic care. Priority Matrix Learning Task was presented by CONSTANCE SUNDERLAND. Constance helped participants to determine their professional priorities which was extremely helpful to those in attendance. I (RICK FOREN) presented Preparing Preceptors for Student Mentoring. This presentation examined the ways and means of having nurses become good preceptors for future nurses.

The positive feedback received from participants demonstrated how enlightened they were. The participants enjoyed morning and afternoon coffee breaks courtesy of Centennial College.

Day two on Saturday, May 27th , was devoted to "Healing the Learning Environment" a workshop focusing on student abuse issues. The workshop was presented by Irene Koutsoukis, Elisabeth Jensen and Alix McGreggor, along with Patricia Patterson. The workshop was an opportunity for participants to address, prevent and discourage abuse of nursing students. The issue of nursing abuse was on all levels of nursing programs from baccalaureate to doctoral programs. The workshop was well attended by nursing students who provided their insights on nursing student abuse. Research findings by Elisabeth and Alix demonstrating the impact of abuse on learning in nursing.

The success of the symposium was due to many factors:

- Patricia's leadership ensured all of the details were attended to
- Kristine and I assisted with organizing the different events
- Kingbridge staff ensured that our stay was an enjoyable and comfortable time.
- Kathleen Carmichael kept us grounded with brief but beneficial grounding exercises.
- Gifts and door prizes added smiles to winners.
- Water bottles were presented to all participants.
- The opportunity for camaraderie and networking by the participants.

RESTORING THE SPIRIT OF NURSING THROUGH HEALING THE LEARNING ENVIRONMENT: A LIVING WORKSHOP

Submitted by: Irene Koutsoukis

Working Sub-Committee of the Nursing Student Abuse Steering Committee

"Light represents consciousness. By choosing our thoughts and awakening to our consciousness we reinforce and determine the quality of our light." (Watson, 199, p. 133).

PNEIG's Spring Symposium "We are the Light" was all about new beginnings, fresh understandings and optimism for the future: the perfect backdrop for the introduction of a workshop on nursing student abuse. This workshop, the culmination of a partnership initiated in 2003 between the Nursing Students of Ontario (NSO) and PNEIG, is all about the awakening of nursing consciousness to nursing student abuse and branding it with light.

The workshop began (quite literally) with a snowstorm in May. Participants wrote their thoughts and hurtled them as paper snowballs every – which – way. The snowballs were gathered and read out by the participants. Each insightful

thought was charged with courage, honesty and at times pain. The moment was captured by the poignant question: "Am I doing this to students?"

Personal transformation necessitates an awakening of consciousness. Part of this awakening requires, at some point, asking one's self: "Am I doing this to students?" Am I doing this to another nurse?"

To provide participants with the freedom to share such difficult and honest thoughts, anonymity was used. Participants randomly picked and read anonymous snowballs. Thoughts were put "out there" giving them tangibility and an opportunity to be listened to.

It is this process of voicing and listening between individuals that creates authentic dialogue. Authentic dialogue is seen as a means through which the spirit of nursing can be restored thus initiating the healing process of the learning environment.

Some of the participants showed us that the process of authentic dialoguing has more than enough room for creative interpretations. The use of a skit, performed to convey discussion themes back, to the larger group was highly effective and produced a number of smiles from the other participants. It was quite amazing to see that once the "dirty linen" was aired, participants were able to move forward with a deeper sense of collegiality and strength – leaving the workshop empowered. Astonishing what a simple act of dialoguing can do: it can change winter into spring!

"No winter lasts forever; no spring skips its turn"
Hal Borland

Kathleen Carmichael enhanced the workshop with grounding exercises. Helene Harrison helped end the workshop with a teambuilding exercise involving a tarp: the tarp was successfully overturned with every-one still standing on it.

NEW WEBSITE AT WWW.PNEIG.CA

The PNEIG Newsletters are now available on our new website. Please visit us often for an update on upcoming events. The front page of our website brings smiles from participants to our successful Spring Symposium; an event enjoyed by all those in attendance. Please visit our website to view more pictures at www.pneig.ca.

The screenshot shows the homepage of the Provincial Nurse Educator Interest Group (PNEIG). The browser address bar displays "http://www.pneig.ca/". The page features a navigation menu on the left with links to Home, About, Events, Newsletters, Subscribe, Meeting Minutes For Discussion, President's Messages, Executive, Links, Photos, Search, Feedback, Contact, and Get Adobe Reader. The main content area includes a welcome message and a link to a Spring Symposium brochure (PDF - 1MB) with associated photos and a slideshow. A photograph of four women is visible at the bottom of the main content area. The footer contains copyright information for 2003-2006 and contact details for the website.

I would like to take the opportunity to thank PNEIG for allowing the Workshop Sub-Committee of the Nursing Student Abuse Steering Committee to launch this workshop during their Spring Symposium. From the beginning PNEIG has been an inexhaustible source of support and guidance in helping to bring nursing student abuse into the light.

Further I would like to thank each and every participant who came to the workshop. To steal a line from Mayo Angelou: "phenomenally phenomenal [nurses and nursing students] that's [you]"

A special thank you is also extended to Patricia Patterson who was the unwavering and inextinguishable flame, which illuminated and fueled this achievement.

UPCOMING CONFERENCES

Submitted by: Beverley Tezak

OLDER PEOPLE DESERVE THE BEST – 5TH INTERNATIONAL CONFERENCE

When: Thursday, September 28, 2006 to
Friday, September 29, 2006

Where: Hilton Suites Toronto/Markham,
Conference Centre and Spa Markham, ON

EMBRACING THE FUTURE: EDUCATING TOMORROW'S NURSES

When: Thursday, October 26, 2006 to
Friday, October 27, 2006

Where: Hilton Suites Toronto / Markham,
Conference Centre and Spa, Markham, ON

ANNUAL NURSE PRACTITIONER CONFERENCE

When: Thursday, November 9, 2006 to
Sunday, November 12, 2006

Where: Hamilton Convention Centre Hamilton, ON

HEALTHY WORKPLACE IN ACTION 2006

When: Thursday, November 30, 2006 to
Friday, December 1, 2006

Where: Hilton Suites Toronto / Markham,
Conference Centre and Spa, Markham, ON

INTERNATIONAL CONFERENCE ON EVIDENCE BASED CLINICAL PRACTICE GUIDELINES

When: Thursday, June 7, 2007 to Sunday, June 10, 2007

Where: Hilton Suites Toronto/Markham
Conference Centre and Spa, Markham, ON

NOTE: Call for Abstracts will close on
September 25, 2006

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